



Nature Days



17 Tips to Shrink Your Carbon Footprint IN THE HOME....

Switch to 100% renewable electricity Renewable Energy Suppliers in Ireland Best Green Tariffs (switcher.ie)	Embrace the Smart Meter 5 things you need to know about smart meters (electricireland.ie)	Switch to Energy Efficient Lightbulbs The Best Energy Efficient LED Light Bulbs for 2021 - LeafScore	Use SEAI grants to improve your home Energy Efficient Homes - Home Energy Grants SEAI
Get Appliance Smart What uses the most electricity in a house? Energia - Energia	Reduce Energy Waste A Room-by-Room Guide To Ousting The (Energy) Vampires Lurking In Your Home CleanTechnica	Turn down your thermostat 1° Energy Saving Ideas and Tips - BER Ireland – Building Energy Rating (BER) Consultants and Assessors in Ireland	Switch off lights when leaving a Room Energy Vampire - Electricity Savings - Duke Energy (duke-energy.com)

IN TRANSPORT....

Car pool, walk, cycle or use public transport for one extra journey each week	Car pool within your family – drop one car journey each week	Consider an Electric or Hybrid Car in future Electric Car Rebates & Grant Amounts EV Grants SEAI
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IN WASTE....

Recycle food, paper, Tin, Glass & Plastic – Wash & Dry Use reusable bottles, lunch boxes & cutlery	Tackle Over Consumption & Waste Ask yourself - “Do I really need this?”	Use the Circular Economy: Recycle, Reuse, Swap, Exchange with Depop, FREEcycle, ZERO Waste & community pages
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IN FOOD....

IN ACTION....

IN NATURE....

Reduce meat and dairy consumption Buy from shops which use local producers Eat food in season	Use your Voice & Vote Get your local politicians working for your community	Plant flowers for pollinators and leave room for wildlife in your outdoor space
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